

**DR. BABASAHEB AMBEDKAR
MARATHWADA UNIVERSITY,
AURANGABAD**



Syllabus of
B.A. IIIrd Year
Psychology
Semester-V & VI

[Effective from 2011-12 onwards]

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
PSYCHOLOGY

Curriculum Structure and Scheme of Evaluation for - B. A. V & VI Sem
With effective from 2011-12

SEMESTER – V									
Sr. No.	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)			Scheme of Evaluation (Marks)			
			L	P	Total Periods	Theory	Pract/ Viva-Voce	Total Marks	
		Subsidiary							
1.	PSY 113	Abnormal Psychology	4	-	4	4	30	-	30
2.	PSY 114	Organizational Psychology	4	-	4	4	30	-	30
3.	PSY 115	Experiment/ Practicum	-	4	4	4	-	40	40
		Main							
4.	PSY 116	Introduction to Counselling	4	-	4	4	30	-	30
5.	PSY 117	Basic Concept in Research Methodology	4	-	4	4	30	-	30
6.	PSY 118	Experiment/Practicum	-	4	4	4	-	40	40
(A) Total of Semester – V			16	8	24	24	120	80	200
SEMESTER – VI									
Sr. No.	Course Code	Name of the Paper	Scheme of Teaching (Periods/Week)			Scheme of Evaluation (Marks)			
			L	P	Total Periods	Theory	Pract/ Viva-Voce	Total Marks	
		Subsidiary							
1.	PSY 119	Psychopathology	4	-	4	4	30	-	30
2.	PSY 120	Organizational Behaviour	4	-	4	4	30	-	30
3.	PSY 121	Testing/ Practicum	-	4	4	4	-	40	40
		Main							
4	PSY 122	Counselling in Action	4	-	4	4	30	-	30
5	PSY 123	Fundamentals of Behavioral Research	4	-	4	4	30	-	30
6	PSY 124	Testing/ Practicum	-	4	4	4	-	40	40

(B) Total of Semester – VI	16	8	24	120	80	200
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**Dr. Babasaheb Ambedkar Marathwada University,
Aurangabad.**

PSYCHOLOGY

SYLLABUS FOR - B.A. T.Y.

With effective from 2011-12.

B. A. Fifth Semester

Course – V

Unit	Course Code	Title of the Paper	Marks
Unit I	PSY 113	Subsidiary Abnormal Psychology	30
Unit I	PSY 114	Organizational Psychology	30
Unit I	PSY 115	Experiment/Practicum	40
Unit I	PSY 116	Main Introduction to Counselling	30
Unit I	PSY 117	Basic Concept in Research Methodology	30
Unit I	PSY 118	Experiment/Practicum	40

Paper – 113: (Course V – unit 1st)

Abnormal Psychology

[1] Abnormal Behaviour in our times :

What do we mean by Abnormal behaviour ? Dilemmas of Definition – Mental Disorders as Maladaptive behaviours - classifying abnormal behaviour – DSM classification of Mental Disorders – The problem of Labeling – Unresolved issues on classification

[2] Causal Factors and Viewpoints in Abnormal Psychology :

What causes Abnormal Behaviour? Necessary, sufficient and contributory causes – Diathesis – Stress models – The Biological viewpoints - Biological causal factors – The Psychosocial viewpoints – Psychosocial causal factors – The Socio-cultural viewpoint Sociocultural causal factors.

[3] Panic, Anxiety and their Disorders:

The Fear and Anxiety Response patterns – Anxiety Disorders – Phobic Disorders – Obsessive – Compulsive Disorders – Treatment and outcomes.

[4] Somatoform and Dissociative Disorders:

Somatoform Disorders Hypochondriasis. Conversion Disorders – Dissociative Disorders Casual Factors in somatoform and Dissociative Disorder Treatment and outcomes.

Source Book:

- 1) Abnormal Psychology + Modern Life by R.L. Larsar
- 2) Introduction to Psychopathology by Lamman.
- 3) Psychopathology by Buss A.H.

Paper – 114: (Course V – unit 1st)

**Organizational Psychology
Objectives**

- [1] This course aims at understanding the behaviour of individuals along with other organizational assets
- [2] Students are expected to learn not only the theoretical aspects of the course but also to familiarize themselves with the skills, techniques and their application
- [3] The course would create an enabling experience with the societal contexts
 - 1] Historical context of organizational Behaviour :-
Contribution of Taylor, Fayol, Definition of O.B.
 - 2] Perspectives for understanding O.B. :-
Open system approach, Human Relations perspective
Socio-technical approach, developing an O.B. model
Responsive to changing realities
 - 3] Person in the organization :-
Biographical characteristics, personality, Definitions and
Measurement concept of skill, self awareness, major
Personality attributes affecting O.B., matching personality
and job, personality and culture
 - 4] The individual and organization :-
Values, attitudes and job satisfaction, Importance of
values, sources of values and its introduction

Books of Readings :

- 1] Robbins S.P. (2000) Organizational Behaviour concepts, controversies and application, New Delhi Prentice Hall of India
- 2] Peters (1994) complete advantage through people, Unlashing the power of workforce Boston Havard Business School Brass
- 3] Dunnette M.D. and Hough L.M. (1992) Handbook of Industrial and Organizational Psychology and edition counselling Psychology
- 4) Cumming L.L. and Staw B.M. (1999) Research in Organizational Behaviour care with jai press.

Paper – 115: (Course V – unit 1st) Sem-V**Experiment/Practicum****A. Experiment (any Eight)**

- 1) Localization of Sound
- 2) Depth Perception
- 3) Retroactive inhibition
- 4) Paired Associate Learning
- 5) Mental work and Rest
- 6) Bilateral Transfer (Cup and Ball)
- 7) Effect of noise on performance
- 8) Bilateral Transfer of Training
- 9) Reminiscence
- 10) Field of Vision & Colour Zone by Perimeter
- 11) Human Maze Learning
- 12) Zeigarnic effect
- 13) Reaction time

Reference Book :-

1. Experiments in Psychology by – Girishbala Mohanty Kalyan Publishers, New Delhi.
2. Experiments in Psychology by – S. W. Deshpande.

Section A (Main and Subsidiary Students)				
Marks Distribution				
Procedure	Report	Viva	Record Book Internal	Total
10	10	10	10	40

Paper – 116: (Course V – unit 1st)

Introduction to Counseling

- [1] Definition and trends in Counselling Psychology** – definition of guidance –Psychotherapy-counselling-historical development in counselling-current trends in counseling:dealing with violence, trauma and crises-promoting wellness-concern for social justice –leadership – identity
- [2] The counseling process: building counseling relationship-** factors influencing the counseling process : seriousness of the presenting problem-structure –initiative – physical setting –client qualities – counselor qualities-Types of initial interview: client versus counselor initiated interview- information oriented first interview-relationship oriented first interview-conducting the initial interview –empathy – verbal and nonverbal behavior-nonhelpful interview behavior – exploration and identification of goals.
- [3] Counselling skills-changing perceptions –leading-** multifocused responding-accurate empathy-self disclosure- immediacy-human confrontation –contracting –rehearsal- transference and countertransference-Termination of counseling relationship-functions of termination – timing of termination – issues of termination: termination of individual sessions – termination of counseling relationship-resistance to termination : client resistance-counsellor resistance-premature termination- counsellor initiated termination-ending on a positive note-issues related to termination: follow up and referral.
- [4] Theories of counseling: Psychoanalytical** – Adlerian-Humanistic : person-centered counseling-existential counseling- Gestalt therapy-behavioral counseling : Rational Emotive Behaviour Therapy-reality therapy – cognitive therapy – Systems therapy: Bowen systems therapy – structural family counseling- strategic or brief counseling-Brief cognitive approaches : solution focused counseling – narrative counseling – crises counseling.

Books recommended:

- 1) Counseling: A Comprehensive Profession (6th edition) by Samuel T. Gladding (2009) ; New Delhi: Pearson Education (Indian edition published by Dorling Kinderslen india Pvt. Ltd.)
- 2) Introduction to counseling and guidance (6th edn) by R.L.Gibson and M.H.Mitchell (2005) New Delhi: Prentice Hall (Eastern Economy Edition)
- 3) Counselling Psychology (1995) by C.J.Gelso and B.R.Fretz Bengurulu: Prismindia
- 4) Samupadeshana (Marathi) by (ed) Deshpande C.G.(2010) Pune : Unmesh Prakashan

Paper – 117: (Course V – unit 1st)

Basics Concepts of Research Methodology.

Objective:

- This course helps the students for understanding the process of Psychological research.

1). Social scientific research :

A). Meaning & characteristics of social scientific research.

B). Types of research:

(i). Experimental research.

a). Laboratory experiments.

b). Field experiments.

(ii). Non-Experimental research.

a). Field studies.

b). Ex-post facto.

c). Survey research.

d). Case study.

2). Problem, Hypothesis, & Variables :

(i). Meaning and characteristics of a problem.

(ii). Sources of stating a problem.

(iii). Important consideration in selecting a problem.

(iv). Types of problem.

(v). Meaning and characteristics of good hypothesis.

(vi). Formulating hypothesis.

(vii). Ways of stating a hypothesis.

(viii). Meaning and types of variables.

(ix). Important considerations in selecting variables.

(x). Techniques of controlling extraneous variables.

(xi). Techniques of experimental manipulation of variables.

3). Sampling:

- (i). Population and sample.
- (ii). Meaning and types of sampling.
- (iii). Factors influencing decision to sample.
- (iv). Probability sampling methods.
 - (a). Simple random sampling.
 - (b). Stratified random sampling.
 - (c). Area/Cluster sampling.
- (v). Non-probability sampling.
 - (a). Quota sampling.
 - (b). Accidental sampling.
 - (c). Purposive sampling.
 - (d). Systematic sampling.
 - (e). Saturation sampling.
 - (f). Dense sampling.

4). Techniques of data collection :

(A). Questionnaire

- (i). Various forms of questionnaire.
- (ii). Characteristics of good questionnaire.

(B). Interview

- (i). Steps in conducting interview.
- (ii). Conducting the interview.
- (iii). Types of interview.
 - (a). Diagnostic interview.
 - (b). Clinical interview.
 - (c). Research interview.

(d). Individual and group interview.

(iv). Advantages of interview.

(C). Observation

(i) Types of observation.

(a). Structured and unstructured observation.

(b). Covert and overt observation.

(ii). Advantages of observation.

(iii). Conducting observational research.

Source books :

1. Singh A.K. (2006). Tests measurements and research methods in behavioural sciences (Vth edition). Patna : Bharti bhavan.
2. McBurry D.H. (2002). Research methods U.S.A. Words Worth Thompson.
3. Kerlinger F.N. (1994) Fundamentals of behavioural research (IIIrd edition).
4. G.N. Prakash srivastava. :
Advanced research methodology (1994). Radha publication
New Delhi.

Reference books

1. Borude .R. .R. (2005) : Sanshodhan Paddhatishastra. Pune:
Pune Vidyarthi gruah.
2. Desai, B. & Abhyankar, S.C. (2007). Prayogic Manashastra and
Sanshodhan Paddhati.

Paper – 118: (Course V – unit 1st)

Experiment/Practicum

Only for Students offering Main Subject

B. Developing Case Account (Counselling to the Problematic Person)

Section B (For Main Subject)			
Distribution of Marks			
Case Account Report	Viva	Internal	Total
15	15	10	40

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Aurangabad.
PSYCHOLOGY**

**SYLLABUS FOR - B.A. T.Y.
With effective from 2011-12.
B. A. Six Semester
Course – VI**

Unit	Course Code	Title of the Paper	Credits	Marks
Unit II	PSY 119	Subsidiary Psychopathology	4	30
Unit II	PSY 120	Organizational Behaviour	4	30
Unit II	PSY 121	Testing/ Practicum	4	40
Unit II	PSY 122	Main Counseling In Action	4	30
Unit II	PSY 123	Fundamentals of Behavioural Research.	4	30
Unit II	PSY 124	Testing/ Practicum	4	40

Paper – 119: (Course VI – unit IInd)

Psychopathology

Objectives :

1. To impart Knowledge about the normality and Abnormality
2. To make students understand the nature and Course of various abnormal conditions.
3. To impart Knowledge and skills needed for Psychological assessment of different abnormal conditions.

- 1) **Mood Disorders** :- Unipolar Mood Disorders – Normal Depression-Mild, Moderate, Major Depressive Disorder-Bipolar Disorder – Schizoaffective Disorder- Causal Factors in Mood Disorders- Treatment and outcomes.
- 2) **Personality Disorders** :- Clinical Features of Personality Disorders- Causal Factors in Personality Disorders – Treatment and outcomes – Antisocial personality and Psychology – Causal Factors and Treatment
- 3) **Schizophrenias and Delusional Disorders** :- The Schizophrenias The clinical picture in schizophrenia – subtypes of Schizophrenia – Causal Factors and Treatment – Delusional (paranoid) Disorder – The Clinical picture and Causal factors in Delusional Disorder – Treatment and outcomes
- 4) **Mental Retardation** :- Level of mental Retardation – Brain Defects in Mental Retardation – organic Retardation syndrom Cultural – Familial Mental Retardation – Treatment, outcome and prevention.

Source Book:

- 1) Abnormal Psychology & Modern Life by R.L. Larsar
- 2) Introduction to Psychopathology by Laman.
- 3) Psychopathology by Buss A.H.

S.Mineka Harper Collins College Publishers, New York.

- 4) अपसामान्य मानसशास्त्र लेखक.डॉ.अनघा पाटील,डॉ. सुशील सुर्व डॉ.मानसी राजहंस

Paper – 120: (Course VI – unit IInd)

Organizational Behaviour

- [1] **The individual in the organization:** of motivation concept and early theories of motivation, Need hierarchy theory, theory and y, two factor theories, skill involved in motivating workers, MBO Behaviour modification employ involvement programs
- [2] **The group and organization:** Nature, types, and stages of group development, conditions affecting group functioning organizational structure, authority systems, personal selections, performance evaluation and reward systems, organizational culture and physical setting, skills involved in managing groups.
- [3] **Communication in organizations:** Communication model, Barriers and sources of distortions, Directions and network of communications, communications and decision making, cross-cultural communications, skill involved in communicating
- [4] **Leadership in organizations:** Nature and types, Behavioral theories, contingency theories and contemporary issues in leadership leadership and Power , bases of power and power in action skills involved in managing politicking.

Books for Reading:

- [1] Robbins S.P. (2000) organizational Behaviour 5 Books concepts, controversies and applications new Delhi practice hall of India
- [2] pfeffer J. (1994) complete advantage through people unleashing the power of workforce Baston Havard business school press
- [3] Dynnette M.D. and Hough L.M. (1992) Handbook of Industrial and organizational Psychology and edition Palo Alto: Counselling psychology press
- [4] Cummings L.L. and Staw B.M. (1999) Research in organizational behaviour, green wich CT Jai press

Paper – 121: (Course VI – unit IInd)**Testing/ Practicum**

Section A (any Eight)

- 1) Adjustment Inventory
- 2) Value Test
- 3) 16 PF Questionnaire
- 4) Maudsley Personality Inventory
- 5) Achievement Test
- 6) Sentence Completion Test
- 7) Alexandar Pass Along Test
- 8) Habit Interference Test
- 9) Proactive inhibition
- 10) Koh's Block Design Test
- 11) Judgment of emotions from facial expressions
- 12) Serial Learning
- 13) K.N.P.I.
- 14) Teaching Aptitude Test
- 15) Science Aptitude Test

Reference Book :-

3. Experiments in Psychology by – Girishbala Mohanty Kalyan Publishers, New Delhi.
4. Experiments in Psychology by – S. W. Deshpande.

Section A (Main and Subsidiary Students)				
Marks Distribution				
Procedure	Report	Viva	Record Book (internal)	Total
10	10	10	10	40

**Paper – 122: (Course VI – unit IInd)
(Main)
Counseling In Action**

- 1) Groups in Counselling: brief history of groups: psychodrama-**
T groups-encounter group-group marathon-self help or support groups-places of groups in counseling-benefits and drawbacks of groups-Types of groups: psychoeducational counseling group-psychotherapy groups-task or work groups-stages in groups-issues in groups: selection and preparations of members-groups size and duration-open versus closed groups-confidentiality-physical structure-co-leaders-self-disclosure-feedback-follow-up-qualities of effective group leaders.
- 2) Career counseling: importance-** career information-career development theories and counseling; Trait and Factor theory-Developmental Theory-Social cognitive career theory-Career counseling with diverse populations: with children –with adolescents-with college students-with adults-with women-with minority groups-with sexual deviates
- 3) Marriage, Couple and Family counselling ; changing of family life-** family life and family life cycles-marriage/family counseling versus individual/groups counseling-overview of Marriage, Couple and Family counseling-the process of marriage, Couple and Family counseling-termination of counseling.
- 4) College counseling and student life counseling : college counseling-** emphases and roles-activities-student life professionals: emphases and roles-activists- counseling with nontraditional students-older students-part time students-first generation students-minority culture students athletes.

Books of recommended:

- 1) Counseling: A Comprehensive Profession (6th edition) by Samuel T. Gladding (2009); New Delhi: Person Education (Indian edition published by Dorling Kindersley India pvt.ltd.)
- 2) Introduction to counseling and guidance (6th edn) by R.L. Gibson and M.H. Mitchell (2005) New Delhi: Prentice Hall (Eastern Economy Edition)

- 3) Counseling Psychology (1995) by C.J.Gelso and B.R.Fretz
Bengurulu: Prismindia
- 4) Samupadeshan (Marathi) by (ed) Deshpande C.G.(2010) Pune :
Unmesh Prakashan

**Paper – 123: (Course VI – unit IInd)
Fundamentals of Behavioural Research.**

Objective:

- To acquaint the student and make them understand the different research methods.

1). Research Designs:

- (a). Meaning and purpose of research design.
- (b). Characteristics of good and research design.
- (c). Basic principles of experimental design.
 - (i). Replication.
 - (ii). Randomization
 - (iii). Local Control .
- (d). Variance :
 - (i).Types of variance :
 - (ii). Experimental control of variances.

2). Types of research design.

- (i). Between groups design.
 - (a). Randomized groups design.
 - (b). Matched groups design.
 - (c). Factorial design.
- (ii). Within-Groups design.
 - (a). Single subject design.
 - (b). Repeated measures design.

3). Quasi-Experimental design.

- (i). Meaning and Types of quasi experimental design.
- (ii). Time series design.
- (iii). Equivalent time series design.
- (iv). Non-equivalent control group design.

4). Writing research proposal and research report.

- (i). Structure and format of research report.
- (ii). Preparing a research proposal.

Source books :

1. Singh A.K. (2006). Tests measurements and research methods in behavioural sciences (Vth edition). Patna : Bharti bhavan.
2. McBurry D.H. (2002). Research methods U.S.A. Words Worth Thompson.
3. Kerlinger F.N. (1994) Fundamentals of behavioural research (IIIrd edition).
4. G.N. Prakash srivastava. :
Advanced research methodology (1994).
Radha publication New Delhi.

Reference books

1. Borude .R. .R. (2005) : Sanshodhan Paddhatishastra. Pune: Pune Vidyarthi gruah.
2. Desai, B. & Abhyankar, S.C. (2007). Prayogic Manashastra and Sanshodhan Paddhati.

Paper – 124: (Course VI – unit IInd) Sem- VI**Testing/ Practicum**

Section – B

- 1) Small Research Project (Main Students)
- 2) Visit to Mental Health Center for main and Subsidiary Students.
Should Write the Report of the visit

Section B (Only Main)			
Division of Marks			
Research Project	Viva	Visit (Internal)	Total
15	15	10	40