

S-29 Nov., 2013 AC after Circulars from Circular No.55 & onwards

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डॉ. बाबासाहेब आंबेडकर मराठवाडा विद्यापीठ, औरंगाबाद**परिपत्रक क्रमांक/एस.यु./सा.शा./अभ्यासक्रम/गृहशास्त्र /७२/२०१४**

या परिपत्रकाद्वारे सर्व संबंधितांना सुचित करण्यात येते की, सामाजिकशास्त्रे विद्याशाखेने शिफारस केल्यानुसार मा. कुलगुरु यांनी बी.ए. गृहशास्त्र या विषयाचा सुधारीत आराखडा व नवीन तयार करण्यात आलेला अभ्यासक्रम तसेच, बी.ए. प्रथम ते सहाव्या सत्राच्या प्रश्नपत्रिकेच्या प्रारूपास विद्यापरिषदेच्या वतीने मा. कुलगुरु यांनी, त्यांना प्राप्त असलेला विशेष अधिकार महाराष्ट्र विद्यापीठ अधिनियम-१९९४ कलम १४(७) अन्वये मान्यता दिलेली आहे. त्या अनुषंगाने सुधारीत व नवीन तयार केलेल्या अभ्यासक्रमाची प्रत या परिपत्रकासोबत आपल्या पुढील कार्यवाहीसाठी पाठविण्यात येत आहे.

अ.क्र.	अभ्यासक्रम	सत्र
१.	बी.ए. गृहशास्त्र	प्रथम ते चतुर्थ सत्र किरकोळ सुधारणेसह
२.	बी.ए. गृहशास्त्र	पाचवे व सहावे सत्र सुधारीत अभ्यासक्रम
३.	बी.ए. गृहशास्त्र	प्रथम ते सहावे सत्र प्रश्नपत्रिकेचा प्रारूप आराखडा

हा सुधारीत व नवीन तयार केलेल्या अभ्यासक्रमाचा आराखडा शैक्षणिक वर्ष २०१४-१५ करिता मर्यादित असेल व विद्यापरिषदेच्या अंतिम मान्यतेनंतर हे परिपत्रक नियमित ठेवण्याबाबत या कार्यालयाद्वारे नवीन परिपत्रक पारीत करण्यात येईल. तसेच सुधारीत व नवीन तयार केलेल्या अभ्यासक्रमाची प्रत विद्यापीठाच्या संकेतस्थळावर उपलब्ध आहे.

करिता, या परिपत्रकाची सर्व संबंधितांनी नोंद घ्यावी.

विद्यापीठ प्रांगण,

औरंगाबाद-४३१ ००४.

संदर्भ क्र.एस.यु./ सा.शा./त्रि.कै.छ. /२०१३-१४/

५७९४-८०३

दिनांक :- २७-०५-२०१४

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AKamran
संचालक,
महाविद्यालये व विद्यापीठ
विकास मंडळ.

या परिपत्रकाची एक प्रत :-

- १) मा. परिक्षा नियंत्रक, परिक्षा विभाग,
 - २) कक्ष अधिकारी, बी.ए. विभाग, परीक्षा भवन,
 - ३) कक्ष अधिकारी, पात्रता विभाग, मुख्य प्रशासकीय इमारत,
 - ४) मा. प्राचार्य, सर्व संलग्नीत महाविद्यालये,
 - ५) संचालक ई-सुविधा केंद्र, विद्यापीठ परिसर,
 - ६) अभिलेख विभाग, मुख्य प्रशासकीय इमारती मागे,
 - ७) जनसंपर्क अधिकारी, मुख्य प्रशासकीय इमारत,
- डॉ. बाबासाहेब आंबेडकर मराठवाडा विद्यापीठ, औरंगाबाद.

**D.R. BABASAHEB AMBEDKAR
MARATHWADA UNIVERSITY,
AURANGABAD.**



B. A. THIRD YEAR

HOME SCIENCE

*Revised
August*

(EFFECTIVE FROM - 2014 ONWARDS)

B.A.T.Y. (HOME SCIENCE SYLLABUS)

Class	Semester	Paper	Title of the Paper	Total Marks
B.A. IIIrd Year	V Semes.	IX	Subsidiary :- Marriage and Family Dynamics	30
	--/--	X	Housing and Interior Decoration	30
	--/--	Prac.	Housing and interior decoration	40
	--/--	XI	Main :- Entrepreneur-ship Development	30
	--/--	XII	Nutritional Management in Health and Disease	30
	--/--		Practical – Nutritional Management in Health and Disease	40
	VI	XIII	Subsidiary : Community Nutrition	30
	--/--	XIV	Fundamentals of Art and Design	30
	--/--		Practical – Fundamentals of Art and Design.	40
	--/--	XV	Main :- Human Development (Adult ^{need} & Old Age)	30
	--/--	XVI	Communication Techniques in Home Science ^{process}	30
	--/--		Practical – Communication Techniques in Home Science	40

Note :

Compulsory excursion tour in the field of Nutrition / Textile / Interior Decoration will carry Ten (10) marks from any sessional activity respectively.

Name of the Course : **B.A. III Year Home Science**
Semester : **Vth**
Paper No & Title : **IX - Marriage and Family Dynamics.**
Total Marks : **30**
Work load per week : **4 Periods (50 min./Lect.)**

OBJECTIVES-

1. To understand the merits & demerits of marriage and family system
2. To be aware about the areas of adjustments in marriage and family.
3. To share knowledge about the laws related to women, marriage and family.
4. To develop awareness about counseling.

Unit – I Marriage

**Credit
(1.0)**

1. Definitions and functions of marriage.
2. Types of marriage – Arranged, Love, registered, and others. Its advantages and disadvantages.
3. Readiness for marriage - Physiological and Psychological economical and others.
4. Factors to be considered for mate selection (Focus of on Scientific approval)

Unit - II Family

(1.0)

1. Definitions and functions of family
2. Types of family- Joint, nuclear.
3. Families with – Special child, single child, girls child, adopted child, no child - single parent.

4. Changing forms of family, Surrogacy, live in relationship.
5. Role of husband and wife- traditional and modern.
6. Stages of family life cycle.

Unit - III Adjustments, Parenthood, and family crisis (1.0)

1. Adjustments in marriage and family, financial, sexual, in-laws, career, religious and social.
2. Parenthood- Joys and challenges.
3. Family planning- Need and methods.
4. Family Crisis- Concept, causes and wages of camping, Divorce, severe and prolonged illness, unemployment and Death.

Unit - IV (a) Laws related to women, Marriage and family (1.0)

1. Hindu marriage act, special marriage act.
2. PCPNDT Act, family violence act.
3. Laws appoints sexual harassment at work place (Vishakha), dowry, and child marriage.

(b) Counselling

Scope, definition, importance.

1. Premarital, post marital, family, and vocational counseling.

Sessional Activities (Any one).

1. Visit to family court and report writing.
2. Visit to remand Home and Report writing.
3. Visit to counseling centre and Report writing. At school level / primary health centre.
4. Preparation of scrab book on laws related to women and children.
5. Visit to marriage Bureau & Report writing.

References :

- 1) Hurlock E.B. "Adolescent Development", MC Grave Book Company, INC, 1978.
- 2) Hansa Seth. 'Juvenile Delinquency'.
- 3) Kapadia K.M., "Marriage and family in India", Oxford University, Press, Bombay.
- 4) Landis J.T. and Landis M.G. Personal Adjustment, Marriage and family, Prentice Hall international INC 1975.
- 5) Rao P. & Rao V. N. (1982) Marriage, The family and women in India, New Delhi, Vikas Publications.
- 6) Coser Rose (1975) The family, its structures and functions. Macmilliaon Publication, New York.
- 7) Guppy G. R. (1976) Family and social change in modern India. New Delhi, Vikas Publishing.
- 8) Srinivasan K. Mukerji E. "Dynamics of population and family welfare, Bombay, Himalaya Publishing House.
- 9) Jain S. C., The Law relating to marriage and Divorce, Surjeet Book Depot, Delhi.
- 10) 15. Sharma B. K., Divorce Law in India, Deep and Deep, New Delhi.

- 11) 16. Akhtar Naseem, "Family Law on Divorce and Judicial Separation".
- 12) प्रा.पवार, प्रा. चौधरी, समुपदेशन मानसशास्त्र, प्रशांत पब्लिकेशन्स, पुणे.
- 13) चांदवसकर नलिनी, "किशोरावस्था" महाराष्ट्र विद्यापीठ निर्मिती मंडळ, १९८२, नागपुर.
- 14) प्रा. बोरुडे, प्रा.कुमठकर, प्रा.देसाई, सौ. शीला गोळविलकर, वैकासिक मानसशास्त्र, पुणे विद्यार्थी गृह, प्रकाशन, पुणे.
- 15) प्रा. हिरवे, प्रा. तडसरे, "वैकासिक मानसशास्त्र" फडके प्रकाशन, कोलहापुर.
- 16) घोंगे आणि फरकाडे, विवाह आणि कौटुंबि संबंध, विद्या प्रकाशन, नागपुर.
- 17) पी.डी. हरसुले, हिंदू विवाह व घटस्फोट कायदा, मुकुंद पब्लिकेशन, पुणे.

Unit II – Lighting and Ventilation. (1.0)

1. Importance, Types, Selection and Arrangement of lighting.
2. Lighting for different areas – local, specific and decorative.
3. Importance and types of ventilation.

Unit III – Furniture Arrangement. (1.0)

1. Selection and principles of furniture arrangement.
2. Arrangement of Furniture in different Rooms – Drawing/ Living room, Bedroom, and Kitchen.
3. Multipurpose furniture arrangement.

Unit IV – Home Furnishing - Curtains. (0.5)

Types and selection,

Floor covering – rugs and carpets

Types, selection & care

References :

1. Morton R., "Home and its furnishing".
2. Anna Hong Rutl, Home and its Furnishing.
3. Coney and Stepenson C.M., How to decorate and light your home.
4. Stella S. Sounderraj, A Text book of Household Arts.
5. Lewis – Decorating the home.
6. डॉ. लिमये, गृह व्यवस्थापन व गृह कला, विकास प्रकाशन, रुईकर मार्ग, नागपुर.
7. डॉ. नुजहल सुलताना, गृह सजावट व गृह कला, ज्ञान प्रकाशन, औरंगाबाद.
8. डॉ. वैरागडे, प्रा. लाठकर, प्रा. मुळे, आधुनिक गृहव्यवस्थापन, विद्या प्रकाशन, औरंगाबाद.
9. डॉ. वैरागडे, प्रा. लाठकर, प्रा. मुळे, आधुनिक गृह सजावट आणि आंतरिक सजावट.
10. दत्तात्रेय ओगले, वास्तुशास्त्र सहस्य, सीमॉन कम्प्युटर्स, पुणे.

11. केळकर रा. "गृहसजावट", किलेस्किर प्रेस, पुणे.
12. डॉ. सुनंदा वंस, डॉ. रजनी बेहरे, गृहव्यवस्थापन व आंतरिक सजावट.
13. डॉ. गोडसे - शिवदे, सजावटीतील सप्तरंग.

B.A. T.Y. (V - SEMESTER)

PRACTICAL

Housing and Interior Decoration

Marks - 40

Unit I - Draw a House plan for different economic groups – lower, lower middle, middle, middle higher, high income group.

Unit II - Preparation of any decorative article.

Unit III - Making curtain samples criss cross, ruffled, three pleated, American decorative, curtain, Glass curtain modern decorative curtain.

Name of the Course	: B.A. III Year Home Science
Semester	: Vth
Paper No & Title	: XI – Entrepreneurship Development
Total Marks	: 30
Work load per week	: 4 Periods (50 min. / Lect.)

OBJECTIVES

1. To develop entrepreneurial skills among students.
2. To analyze the environment for development of cottage industry and self employment.
3. To understand the process and procedures of setting up the cottage industry.
4. To develop management skills for entrepreneurship development.

Unit I - Entrepreneurship Development :	Credit
Definition, need, scope, characteristics.	(0.5)
Unit II - Home Science and Entrepreneurship	(1.5)
1. Meaning and scope in small scale industries.	
2. Fields of Home Science for entrepreneurship.	
3. Women entrepreneurship.	
Unit III - Self employment	(1.5)
l) Guidelines for self employment.	
a) Registration and training.	
b) Finance and Account keeping	
c) Costing, (d) Packing (e) Labeling.	

- II) Marketing -
- III) Mobilization of Resources
- IV) Project Report on home science entrepreneurship.

Unit IV - Policies towards promotion of entrepreneurship. (.5)

- 1. Central government
- 2. State government
- 3. Funding Agencies
- 4. Entrepreneurship Development Programme (EDP)

Sessionals / Relates Activities (Any One).

- 1. Preparation of a detailed projects report.
- 2. Visit to small scale industries / cottage industry.
- 3. Preparation and sale of food products at college level and report writing.
- 4. Successful women entrepreneurs – interview.

Reference

- 1. Taneja and Gupta S.L. (1992), “Entrepreneurship Development” New Venture creation Galgeha Publishing Company, New Delhi.
- 2. Desai V. (1991, 97, 99 Volu. I, II) – Entrepreneurship Development, Himalaya Publishing House, Mumbai.
- 3. Deshpande Manohar – “Entrepreneurship of small scale Industries” – Deep and Deep Publication, New Delhi.
- 4. Entrepreneurial Development – S.S. Khanka S. Chand and Company Ltd., Ram Nagar, New Delhi.
- 5. उद्योजकता संकल्पना आणि प्रेरणा – सुधिर सेवेकर, विद्या बुक्स पब्लिशर्स, औरंगाबाद.

6. बचत गट महिलेचा आधार वड - डॉ. अनघा पाटील दिलसा, अॅग्रो प्रोसेसर्स अॅण्ड पब्लिशर्स, प्रा. लि.
भी. ३ सुदर्शन पार्क, वेदान्त नगर, एम.आय.डी.सी. विभागीय कार्यालयासमोर, औरंगाबाद.
7. उद्योजकता - डॉ. जितेड अहिरराव, चिन्मच प्रकाशन, औरंगाबाद.

Name of the course : **B.A. III Year Home Science**
Semester : **Vth**
Paper No & Title : **XII – Nutritional Management in
Health and Diseases.**
Total Marks : **30**
Work load per week : **4 Periods (50 min./Lect.)**

OBJECTIVES

This course will enable the students;

1. To know the principles of diet therapy.
2. To understand the role of dietician.
3. To understand the modifications of normal diet for therapeutic purpose.

Unit I : Health and Nutrition

**Credit
(0.5)**

1. Definition of health and nutrition
2. Dimensions of health and nutrition.
3. Dietary pattern of different regions and Communities.

Unit II : Food habits.

(1.5)

1. Concept and meaning of food habits.
2. Factors affecting on food habits - Regional, economical, environmental, socio, cultural, Psychological & religious.
3. Effect of industrialization, urbanization work pattern, mass Media & food habits on health.

Unit III : Diet Therapy.

(1.5)

1. Objectives & principles of diet therapy.
2. Modification of normal diet.
3. Modification in consistency : clear fluid, diet, fluid, soft diet.
4. Modification in texture : High fiber & low fiber diet.
5. Modification in nutrients : High protein and low protein diet, High calorie & low calorie diet.

Unit IV : Dietary management & nutritional requirements in

Common ailments

(0.5)

1. Diarrhea
2. Constipation
3. Jaundice
4. Under weight & over weight
5. Viral fever

B.A. T.Y. (V - SEMESTER)

PRACTICALS

Nutritional Management in Health and Diseases

Marks - 40

- 1. Planning and preparation of therapeutic & modified Diet.**
 1. Clear fluid diet.
 2. Fluid diet.
 3. Soft diet.
 4. Bland diet
 5. High protein diet.
 6. High fiber diet.
 7. Low fiber diet.
 8. Low calorie & low fat diet.

- 2. Planning and preparation of diet in common ailments.**
 1. Diarrhea
 2. Constipation
 3. Jaundice
 4. Overweight
 5. Under weight
 6. Fever

- 3. Regional cookery - Famous Gujarati, Punjabi, South Indian. (One sweet dish & one dish other than sweet)**

References Books

1. V.K. Kaushik, "Reading in Food, Nutrition and Dietetics," Vol. I, II, III, Book Enclave, Jaipur.
2. Robinson C.H. etal (1986) "Normal and Therapeutic Nutrition", 17th Ed., Macmillian Publishing Co.
3. Williams S.R. (1989) "Nutritional and Diet therapy", 4th ed. C.V. Masby Co.
4. Anrita F.P. (1983) "Clinical Dietetics and Nutrition 3rd Ed. 4th Impression", Oxford University Press.
5. Swaminathan M.S. (1985). "Essentials of foods and Nutrition, Vol. II, Bapplo Publication".
6. Joshi Shubhangini (1992) "Nutrition and dietetics", Tata McGraw Hill, Pub. Co. New Delhi.
7. केळकर शांता, आरोग्य आणि आहार शास्त्र, महाराष्ट्र राज्य साहित्य आणि संस्कृती मंडळ, मुंबई.
8. डॉ. लेले सरला, आहार मिमांसा, नागपुर प्रकाशन.
9. डॉ. मोळवणे मंजुबा, आहारशास्त्र, कैलाश प्रकाशन, औरंगाबाद.
10. प्रा. शोभा वाघमारे नाईक, पोषण व आहार - विद्या बुक्स पब्लिशर्स, औरंगाबाद.
11. डॉ. मिनाश्री नारणेकर : पोषण आणि स्वास्थ्य, विश्व पब्लिशर्स व डिस्ट्रीब्युटर्स, औरंगाबाद.
12. प्रा. फरकाडे प्रा. गोगे, पोषण आणि आहारशास्त्र, पिंपळापुणे अँड कं. पब्लिशर्स, नागपुर.
13. डॉ. आशा देऊसकर, मानकी पोषण आहारशास्त्राची मुलतत्वे विद्या प्रकाश नागपुर.
14. डॉ. इंदिरा खंडसे, अन्नशास्त्र हिमालय पब्लिशर्स हाऊस, नागपुर.
15. प्रा.पी.के. कुलकर्णी, आरोग्य व समाज, डायमंड पब्लिकेशन्स, पुणे.
16. प्रा. डॉ. स्नेहा महाजनी, आहारशास्त्राची मुलतत्वे, गुणवंत, प्रिंटर्स, नागपुर.
17. प्रा. शोभा वाघमारे, आहार व पोषण - पिंपळापुणे प्रकाशन, औरंगाबाद.

Name of the Course	: B.A. III Year Home Science
Semester	: Vth
Paper No & Title	: XIII - Community Nutrition
Total Marks	: 30
Work load per week	: 4 Periods (50 min. / Lect.)

OBJECTIVES

This course should enable the students to

1. Effective communication techniques / method.
2. Be able to plan and develop health / nutrition education communication messages.
3. Be able to communicate on various issues related to health and nutritional status of individual and the community.

Unit I : Nature and scope of community nutrition. Credit (1.0)

1. Nutritional problems of the community and implication for public health.
2. Causes, prevalence, signs & symptoms prevention and treatment of protein energy malnutrition, iron deficiency anemia, iodine deficiency & flurosis.

Unit II : Nutrition Education. (0.5)

1. Meaning and importance of nutrition education.
2. Methods and evaluation of nutrition education programme.

3. Problems involved in organizing nutrition education programme for the community & how to solve them.

Unit III - National nutritional programme :- (1.0)

- 1) ICDS, M.D.M. programme, National Nutrition anemia prophylaxis programme. (N.N.A.P.P.), vitamin A prophylaxis programme & Goiter control programme.
- 2) National organizations :- ICAR, ICMR, NIN, CFTRI.
- 3) International Organizations :- FAO, WHO, UNICEF, CARE.

Unit IV : Nutritional Assessment. (0.5)

Assessment of nutritional status :-

- 1) Anthropometry
- 2) Diet Survey
- 3) Clinical assessment
- 4) Laboratory methods : Biochemical & biophysical.

Related Activities (Any One)

1. Scrap book regarding mal nutrition.
2. Assignment on national nutrition programme or organizations working in the field of community nutrition.
3. Survey regarding malnutrition.
4. Conduct a study of malnutrition based on anthropometric measurements height, weight, head circumference & arm circumference (One sample).

References Books

1. Health Nutrition and Diseases.
2. Swaminathan M.S. Essentials of foods and Nutrition, Vol.II, Bappco Publication.
3. Williams S.R. (1989) Women and Nutritional in India. Nutrition Foundation of India.
4. C Vaidya, D.B. Roo, "A text book of nutrition" Discovery Publishing House, New Delhi.
5. Wallace H. N. & Giri K. 1990 : Health Care of Women & Children in developing counters. Third party publishing co. Oakland California.
6. UNICEF (1994) : The Urban poor & Household food securely, UNICET.
7. IDRC (1993) : Gender, Health & Sustainable development.
8. केळकर शांता, आरोग्य आणि आहार शास्त्र, महाराष्ट्र राज्य साहित्य आणि संस्कृती मंडळ, मुंबई.
9. डॉ. मोळवणे मंजुबा, आहारशास्त्र, कैलाश प्रकाशन, औरंगाबाद.
10. प्रा. शोभा वाघमारे नाईक, पोषण व आहार - विद्या बुक्स पब्लिशर्स, औरंगाबाद.
11. डॉ. आशा देऊसकर, मानकी पोषण आहारशास्त्राची मुलतत्वे विद्या प्रकाश नागपुर.
12. डॉ. सुरलेलेले, पोषण व आहारशास्त्राची मुलतत्वे विद्या, नागपुर.
13. प्रा. फरकाडे प्रा. गोंगे, पोषण आणि आहारशास्त्र, पिंपळपुरे अँड कं. पब्लिशर्स, नागपुर.
14. प्रा. राजकुमार कांबळ, अन्नसंरक्षण मेहता पब्लिशर्स हाऊस, पुणे.
15. प्रा.पी.के. कुलकर्णी, आरोग्य व समाज, डायमंड पब्लिकेशन्स, पुणे.

Name of the Course	: B.A. III Year Home Science
Semester	: Vith
Paper No & Title	: XIV - Fundamentals of Art and Design
Total Marks	: 30
Work load per week	: 4 Periods (50 min. / Lect.)

OBJECTIVES

1. To understand elements and principles of art and design.
2. To apply various colours, harmonies in designs.
3. To develop skill in creating design and making art objects.

Unit I : Introduction to foundation of Art.

**Credit
(1.0)**

- 1) Design – Definition, types – structural and decorative.
- 2) Element of Art / Design – Line, form, light, space and pattern.
- 3) Principles of Art – Harmony, Balance Proportion, rhythm and emphasis.

Unit II : The Colour.

(1.5)

1. Dimension of colour – Hue, value, intensity.
2. Classification of colour – primary, secondary tertiary etc.
3. Colour wheel – Warmness and coolness of colour.

B. Colour Scheme :

1. Types of colour schemes.
2. Colour schemes for different rooms, Drawing room, Bed room, Kitchen, and Dinning room, Children's room etc.

C. Computer aided colour scheme.

Unit – III : Flower Arrangement (1.0)

1. Definition, history material used in flower arrangement.
2. Types of flower arrangement traditional, modern, Japanese, Dry arrangement, floating arrangement
3. Use of art principles in flower arrangement.
4. Accessories

Unit – IV : Floor Decoration (Rangoli) (0.5)

- a) Cultural importance of Rangoli.
- b) Types of rangoli – Dotted, Using five finger (Sanskar Bharti), grains, flowers and leaves, Alpana.

References :

- 1) The house and Art's of its design – Kennedy.
- 2) Home and its furnishing – Anna H. Rutt.
- 3) How to decorate and light your home - Coonev and Stephenson.
- 4) Home art and it's furnishing – Marfom R. Wiley Eastern Pvt. Ltd. New Delhi.
- 5) Dr. Chitale M.J., Foundation of Art and design manual – Co-ordinator, SNTD College of Home Science, Karve Road, Pune.
- 6) गृह सजावट – केळकर रा. (किल्सेकर प्रेस, पुणे)
- 7) गृह व्यवस्थापन व गृह कला – डॉ. लिमये (विकास प्रकाशन नागपुर)
- 8) गृह व्यवस्थापन आणि आंतरिक सजावट – डॉ. वसू – मेहेरे (साईनाथ प्रकाशन नागपुर)
- 9) गृह व्यवस्थापन आणि डॉ. इंदिरा खडसे, गृह कला – हिमालय पब्लिशिंग.
- 10) डॉ. मुनशी, डॉ. जठार – गृह व्यवस्थापन, पिंपळापुरे अॅण्ड कं. पब्लिशर्स, नागपुर.
- 11) डॉ. नुजहत सुलताना, गृह सजावट व गृह कला, ज्ञान प्रकाशन, औरंगाबाद.
- 12) प्रा. फरकोड - गोंगे – कौटुंबिक संसाधनाचे व्यवस्थापन व गृह सजावट, पिंपळापुरे अॅण्ड कंपनी पब्लिशर्स, नागपुर.
- 13) प्रा. प्रियंवदा लाठकर – संस्कृतिचा वारसा रंगावली.
- 14) सौ. प्रियदर्शनी अरविंद वझे – सुलभ रंगावली (सौ. आशा शशिकांत आवटी सुलभ प्रकाशन ३८ मुकुंद मॅन्शन रामडे, दादर मुंबई - २८)

B.A. T.Y. (VI – SEMESTER)

PRACTICAL

Fundamentals of Art and Design

Marks - 40

1) Colour Schemes :

- a) Classification of colour and colour wheel.
- b) Different types of colour schemes.
- c) Use of colour scheme in different rooms i.e. Drawing, Bed room and Kitchen.

2) Flower Arrangement :

- a) Material used for flower arrangement .
- b) Types of arrangement-oriented, modern, Japanes, Dry.
- c) Demonstration on different types of garland and bouquets and floral decoration.
- d) Use of fresh / artificial flowers in interior decoration.

3) Floor Decoration :

Types of Rangoli : Dotted, Sanskar Bharti, Grains, Flower & Leaves, Alpana

Modern Rangoli : Using – wooden bhoosa, marbal chipes
Kardi Bhoosa, salt and crystals

4) Preparation of Accessories for interior Decoration.

Name of the course : **B.A. III Year Home Science**
Semester : **VIth** *Human development*
Paper No & Title : **XV -(Adulthood, Middle age & Old age)**
Total Marks : **30**
Work load per week : **4 Periods (50 min./Lect.)**

OBJECTIVES :

1. To understand the nature of developmental pattern in adulthood & old age.
2. To know different aspects in adulthood.
3. To gain knowledge regarding adjustments during adulthood.

Unit - I Early Adulthood (age 18 to 40 yrs) **Credit (1.0)**

1. Stages of adulthood, characteristics of early adulthood.
2. Developmental tasks and adjustments in early adulthood.
3. Changes in interests- physical appearance, cloths, money, material possession, and recreation, social.
4. Vocational adjustments-selection of vocation, stability in vocation, adjustment to work and achievements.

Unit - II Middle adulthood/ Middle age (age 40 to 60 yrs) (1.0)

1. Characteristics, developmental tasks.
2. Adjustments to physical changes, social and mental changes, interest, vocational adjustments.
3. Menopausal syndrome.
4. Achievements.

Unit - III Late adulthood/Old age (age 60 to death) (1.0)

1. Characteristics, developmental tasks.
2. Adjustments to physical changes- changes in functions, sensory changes, sexual changes, prolonged illness.
3. Changes in motor, mental abilities.
4. Changes in interests, emotional behavior, social status.

Unit - IV – Adjustment to different areas : (1.0)

1. Adjustments to retirement
2. Adjustment to changes in relationship with a spouse and offspring's.
3. Govt. & non Government agencies working for elderly.

Sessional Activities : (Any One)

1. Visit to old age home & report writing.
2. Visit to family court & report writing.
3. Study of problems and adjustment during old age (survey of Ten sample).
4. Preparation of scrap book on laws related to family, marriage and women.

References :

1. Craig G. C. (1999) Human Development, New Jersey, Prentice Hall.
2. Bhatia M. S., 'Aging and Society' Arays's book centre, Udaipur.
3. Desai K.G. Aging in India, Tata Institute of social sciences, Bombay.
4. Sinha J. M. P. 'Problems of Aging', Classical Publishing Company, New Delhi.
5. Sati P. N: "Retired and Aging People", Mittal Publishers, Delhi.
6. Gandhi, A. B., The Law of Maintenance of Wives, Children and parents in India, Milan Law Publishers, Bombay.
7. डॉ. बोरुडे आर.आर. वैकासिक मानसशास्त्र प्रा. प्रिंवदा लाटकर, मानव विकास, विद्या प्रकाशन, औरंगाबाद.

Name of the Course	: B.A. III Year Home Science
Semester	: VIth
Paper No & Title	: XVI - Communication Ref in Home Science <i>process</i>
Total Marks	: 30
Work load per week	: 4 Periods (50 min. / Lect.)

OBJECTIVES :

1. To understand the role of communication in development.
2. To know the process of communication and effects of media.
3. To develop the skills in the students about the use of communication methods and media.
4. To enable the qualities of leadership in the students.
5. To know the importance of programme, planning, implementation of programme and evaluation.

Unit I – Concept of Development and Communication (1.0) **Credit**

1. Nature, Scope and Functions of Communication.
2. Principles and Patterns of Communication.
3. Importance and use of ICT in the process of Home Science Communication
4. Factors that help or hinder communication.
(Barriers in Communication, Useful things in Communication)

Unit II – Communication Process (1.0)

1. Communication Process.
2. The Communication Process Model.
3. Rule of Five.
4. Use of Channel to Transmit the Message.
5. The Receiver.
6. Communication Noise.
7. The important 'e' is communication.

Unit III – Methods Communication (1.0)

1. Individual – interview, personal consultation.
2. Small Group – Role Play, Demonstration.
3. Mass communication – Printing Material, Audio Visuals.
4. Use & Importance of methods of communication in Home Science.

Unit IV – Leadership. (1.0)

1. Concept, importance and characteristics.
2. Qualities of Leader.
3. Functions of leadership in development.
4. Role of leadership in development of community.

References :

1. Dr. Anjali Ghanekar – Communication Skills for Effective Management.
2. बा. बा. तिजारे – संप्रेषण
3. डॉ. वैरागडे, मुळे – सामदायिक विकास व विस्तार शिक्षण, विद्याबुक्स पब्लिशर्स, औरंगपुरा, औरंगाबाद.
4. फरकाडे गोंगे – गृहविज्ञान विस्तार – विद्या प्रकाशन, रईकर रोड, महल, नागपुर.
5. डॉ. नरेद्रमारवाडे व डॉ. सदाशिव सरकटे – मराठी भाषा विकास संवधून व भाषिक कौशल्य, कैलाश पब्लिकेशन, औरंगाबाद.
6. जे.व्ही. विलानिलम अनुवाद – रौलासोमण, अधिक प्रभावी संवाद – व्हावसायिकांसाठी नेमके मार्गदर्शन जयमंड पब्लिकेशन्स, १६९१, शांकरप्रसाद टिळक रोड - ३०, कौ. टौ. सो.
7. प्रा. वि. दि. तडसरे, प्रा. पाटील डाके व इतर, समाजिक मानसशास्त्र IInd Edition, फडके प्रकाशन, दुरध्वानी प्लॉट नं. ९८/४, कोल्हापुर.

Sessional Activities. (Any One)

1. Programme planning for Home Science Extension.
2. Visit to Pachayat Samittee & Report Writing.
3. Community Development Schemes.

B.A. T.Y. (VI - SEMESTER)

PRACTICAL

Communication Techniques in Home Science

Marks - 40

1. Preparation and write up of Audio Visual Aids.
2. Preparation of the following teaching aids. (A4 Size)
Folder / chart / poster / flash cards / C.D. / educational
games / educational soft toys / pictures / puppets /
cartoons / models.

**ANNUAL PRACTICAL EXAMINATION PATTERN OF
B.A. IIIrd YEAR (SUBSIDERY)**

Total Marks = 80

Q.1 House Plan. 15

Draw a House Plan for any one economic group – Lower, lower middle, middle, high income group.

Q.2 Curtain 15

Making a curtain sample – criss cross / ruffled / three pleated, (American Decorative curtain, glass curtains, modern decorative curtain, café curtain)

Q.3 Colour Schemes

Colour schemes for any one room i.e. Drawing / Bed room / Kitchen room-Analogues / Complimentary / Double complimentary / Triad complimentary.

Q.4 Flower Arrangement / Rangoli (Any One) 05

- Traditional / modern /Japanes / Dry flower arrangement.

OR

- Dotted / Sanskar Bharti / Flower and leaves / Wooden bhoosa / Salt and Crystals Rangoli.

Q.5 Record Book 20

Q.6 Sessional Activities 10

**ANNUAL PRACTICAL EXAM PATTERN FOR
B.A. T.Y. HOME SCIENCE (MAIN)**

Q.1. Plan and prepare the following given therapeutic and modified diet in common ailments. (Any One)

Clear diet / Fluid / Soft / Bland / High protein / High fibre
/ Low fiber / Low Calorie / Low fat diet.

Diarrheal / Constipation / Jaundice / Overweight /
Underweight / Fever.

Planning	10
Preparation and Presentation	10
Calculation and Nutritive Value	10

Q.2. Prepare the following any one teaching aids. (A4 Size)

Folder / Chart / Poster / Flash Card / C.D. / Educational
games / Educational Soft toys / Pictures / Puppets /
Cartoons / Models.

Selection of the text matter	10
Preparation and presentation	10

Q.3. Record Book **20**

Q.4. Sessional activities **10**