

AND

AND

AND

AND

AND

2.0	3.0
1.0	2.0
1.0	2.0
1.0	2.0
1.0	2.0
1.0	2.0

* * * *

www.pearsoned.com

Rev. Ord-01 for P.G. Dip in Psychological Counseling

- 1 -

Appendix-'A'

**DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY,
AURANGABAD [M.S.] India**

ORDINANCE-01

Statement showing the details of Tuition & Other Fees for **POST GRADUATE DIPLOMA IN PSYCHOLOGICAL COUNSELING** Yearly
Fees on "No Grant Basis"

Course	Registration Fees Rs.	Tuition Fees Rs.	Library Fees Rs.	Laboratory Fees Rs.	Medical Exam. Fees Rs.	Gymkhana Fees Rs.	Sports Fees Rs.	Students Welfare Fees Rs.	Total Fees Rs.
1	2	3	4	5	6	7	8	9	10
Post Graduate Diploma in Psychological Counseling	100/-	13,655/-	100/-	1,000/-	25/-	50/-	50/-	20/-	15,000/-

-==*-

DrK*160921/-

01-K-30.06. & 02.07.2018 AC after Circulars.doc

- 45 -

DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY, AURANGABAD.**Circular / Syllabus Section/ Revised Curriculum of P.G. Dip. In Psy. Coun/ 2021.**

It is hereby inform to all concerned that, on the recommendation of Board of Studies in Psychology and Dean of Faculty of Humanities, the Hon'ble Vice-Chancellor has accepted the Revised Curriculum of "Post Graduate Diploma in Psychological Counselling" as per Appendix-"A" in his emergency powers under Section 12 [7] of the Maharashtra Public University Act, 2016 on behalf of the Academic Council.

This is effective from the Academic Year 2021-22 and Onwards as appended herewith.

All concerned are requested to note the contents of this circular and bring notice to the students, teachers and staff for their information and necessary action.

University campus,
Aurangabad-431 004.

Ref. No. SU/PSY/ PGDPS/2021/ 2092-101

{
{
{
{

**Deputy Registrar,
Academic Section.**

Date: 04.10.2021.

Copy forwarded with compliments to:-

- 1] **The Head, Department of Psychology,**
Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
- 2] **The Director, University Network & Information Centre, UNIC, with a request to upload this Circular on University Website.**

Copy to :-

- 1] **The Director, Board of Examinations & Evaluation,**
- 2] **The Section Officer, [Professional Unit] Examination Branch,**
- 3] **The Section Officer, [Eligibility Unit],**
- 4] **The Programmer [Computer Unit-1] Examinations,**
- 5] **The Programmer [Computer Unit-2] Examinations,**
- 6] **The In-charge, [E-Suvidha Kendra],**
- 7] **The Public Relation Officer,**
- 8] **The Record Keeper,**
Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.

-==*-

DrK*041021/-

New

**DR. BABASAHEB AMBEDKAR MARATHWADA
UNIVERSITY, AURANGABAD.**



**POST GRADUATE DIPLOMA IN
PSYCHOLOGICAL COUNSELLING
[PGDPC]**

प्राप्त
महाराष्ट्र शासन
प्रशासनिक नियंत्रण विभाग
मुंबई

DS Mahaj

Dean,
fac. of Humanities

With effective from 2021-22

Objective of Course:

Paper No.	Core Courses	Internal Marks	External Marks	Total Marks	Credit
DCP-101	Psychotherapy	20	80	100	4
DCP-102	Psychiatry	20	80	100	4
DCP-103	Psychological Assessment	20	80	100	4
DCP-104	Psychodiagnostics Reports	20	80	100	8
DCP-105	Psychotherapy Records	20	80	100	8
	Total	100	400	500	28

1. Interview and diagnose of mental health issues
2. Carry out work in clinical setup, psychosocial interventions
3. Administration of psychometric tests, its interpretation and report writing
4. Using psychotherapy in different settings


 Head
 Dept. of Psychology
 Dr. Bhausaheb Ambedkar Marathwada
 University, Aurangabad.

DCP-101: PSYCHOTHERAPY**Credit-04****Total marks: 100****Internal Marks: 20****External marks: 80****OBJECTIVES:**

1. Understanding the psychotherapy
2. Learning the theory behind different psychotherapies
3. Learning the skills underling the psychotherapy

Unit - I: Introduction to Psychotherapy and Counseling:

Definitions, Objectives, Models of counseling, Schools of Psychotherapy, Planning and recording of counseling and therapy sessions.

Unit - II: Interviewing:

Objectives of interviews, interviewing techniques, types of interview, characteristics of structured and unstructured interview, interviewing skills

Unit - III: Behavior Modification and Therapy:

Introduction, Behavioral assessment, analysis and formulations (for Neuroses, Psychoses and other conditions), Relaxation techniques, social skills training, operant procedures, self control procedures and behavioral counseling.

Unit - IV: Cognitive Therapies:

Introduction to Cognitive Model, basic principles and assumptions, techniques based on Cognitive restricting and therapies

Unit - V: Crisis Intervention:

Definition of Crisis, phases of Crisis, Techniques, and Stages of crisis work, Applications, supportive psychotherapy – goals, indications and techniques

Unit - VI: Group Therapy:

Theoretical models, types of groups, stages of group therapy, process issues including role of the therapist, techniques, applications of group therapy

Unit - VII: Family Counseling/Therapy:

Models for the assessment of families, common family problems and their intervention, goals and methods of family intervention, ethical issues in family counseling and therapy

Unit - VIII: Therapy with children and special conditions:

Interventions for internalizing and externalizing Disorders, disorder of scholastic skills, deliberate self-harm, trauma and abuse, bereavement, school counseling, Parent and Family Counseling, chronic mental disorders

Essential References:

- An introduction to the psychotherapies, 3rded., Bloch, S (2000). Oxford Medical Pub.: NY
- Encyclopedia of Psychotherapy, Vol 1 & 2, Hersen M & Sledge W. (2002). Academic Press:USA
- The techniques of psychotherapy, 4th ed., Parts 1 & 2, Wolberg, L.R. Grune & Stratton: NY
- Theories of Psychotherapy & Counseling, 2nded., Sharf, R.S. (2000). Brooks/Cole: USA
- Handbook of Psychotherapy & Behavior change – An empirical analysis, Bergin, A.G. & Garfield, S. L. (1978). John Wiley & Sons: NY
- Comprehensive Clinical Psychology, Vol 6, Bellack, A.S. & Hersen, M., (1998). Elsevier Science Ltd: Great Britain
- Handbook of Individual Therapy, 4thed., Dryden, W. (2002). Sage Publications: New Delhi.
- Psychotherapy: an eclectic integrative approach, 2nded. Garfield, S. L. (1995). John Wiley and sons: USA
- International handbook of behavior modification and therapy, Bellack, A.S., Hersen, M and Kazdin, A.E. (1985). Plenum Press: NY
- Behavior therapy: Techniques and empirical findings, Rimm D.C. & Masters J.C. (1979). Academic Press: NY.
- Handbook of Clinical Behavior therapy, Turner, S.M., Calhoun K.S and Adams H.E. (1992). Wiley Interscience: NY
- Handbook of clinical behavior therapy, Turner, S.M, Calhoun, K.S. & Adams, H.E.(1992). Wiley Interscience: NY
- Introduction to Counseling and Guidance, 6thed., Gibson, R.L. & Mitchell M.H. (2006), Pearson, New Delhi
- Cognitive Behavior Therapy for psychiatric problems: A practical guide, Hawton, K. Salkovskis, P.M., Kirk, J. and Clark, D.M. (1989). Oxford University Press: NY
- Counseling and Psychotherapy: theories and interventions. 3rded. Capuzzi, D and Gross D. R. (2003). Merrill Prentice Hall: New Jersey
- Handbook of psychotherapy case formulation. 2nded. Eells, T.D (2007). Guilford press: USA

DCP-102 : PSYCHIATRY**Credit-04****Total marks: 100****Internal Marks: 20****External marks: 80****OBJECTIVES:**

1. Understanding mental disorder
2. Learning the symptoms and etiology of mental disorder
3. Knowing the legal aspect of mental health

Unit I: Nomenclature:

Introduction to classificatory systems currently in use and their limitations

Unit II: Psychoses:

Schizophrenia, affective (mood) disorders, delusional disorders and other forms of psychotic disorders – types, clinical features, etiology and management

Unit III: Neurotic,

Stress-related and Somatoform disorders: types, clinical features, etiology and management

Unit IV: Disorders of personality and behavior:

Specific Personality disorders, Mental & behavioral disorders due to psychoactive substance use, Habit and impulse disorders, Sexual disorders and dysfunctions

Unit V: Organic mental disorders:

Types, clinical features, etiology and management

Unit VI: Behavioral, emotional and developmental disorders of childhood and**Adolescence:**

Types, clinical features, etiology and management

Unit VII: Mental Retardation:

Classification, etiology and management/rehabilitation

Unit VIII: Mental health policies and legislation:

Mental Health Act of 1987,

National Mental Health Program 1982, the persons with disabilities (equal opportunities, protection of rights and full participation) Act 1995; Rehabilitation Council of India (RCI) Act of 1993, National Trust for Mental Retardation, CP and Autistic Children 1999, Forensic issues related to mental disorders.

Essential References:

- Comprehensive Textbook of Psychiatry, 6thed. Vol. 1 & 2, Kaplan & Sadock, (1995). William & Wilkins:
- London Oxford Textbook of psychiatry, 2nd ed., Gelder, Gath & Mayon, (1989). Oxford University Press: NY
- Symptoms in mind: Introduction to descriptive psychopathology, Sims A, Bailliere T, (1988)
- Child and Adolescent Psychiatry: Modern approaches, 3rded., Rutter, M. & Herson, L (1994) Blackwell Scientific Publications: London

DCP-103 : Psychological Assessment**Credit-04****Total marks: 100****Internal Marks: 20****External marks: 80****OBJECTIVES:**

1. Acquire the necessary skill and competency for using psychological tests
2. Learning to carry out the assessment
3. Understanding the psychometric testing

Theoretical aspect of the psychometric testing, the administration of the test and interpretation of the test scores are to be taken in details

List of Core Tests:

- Binet-Kamat test
- Raven's tests of intelligence (all forms)
- Bhatia's battery of intelligence tests
- Malin's intelligence scale for children
- Wechsler adult performance intelligence scale
- Wechsler memory scale
- PGI memory scale
- 16-PF
- Eysenck's personality inventory/questionnaire
- Thematic apperception test
- Children apperception test
- Rorschach psychodiagnostics

Essential References:

- Comprehensive handbook of psychological assessment, Vol 1 & 2, Hersen, M, Segal, D. L., Hilsenroth, M.J. (2004). John Wiley & Sons: USA
 - Comprehensive Clinical Psychology: Assessment, Vol. 4, Bellack, A.S. & Hersen, M (1998). Elsevier Science Ltd.: Great Britain
 - The Rorschach – A Comprehensive System, Vol 1, 4thed., Exner, J.E. John Wiley and sons: NY.
 - The Thematic Apperception Test manual, Murray H.A. (1971), Harvard University Press.
 - An Indian modification of the Thematic Apperception Test, Choudhary, U. Shree Saraswathi Press: Calcutta
-

DCP-104: PSYCHODIAGNOSTIC REPORTS**Credit-08****Total marks: 100****Internal Marks: 20****External marks: 80****OBJECTIVES:**

1. Performing the psychometric testing
2. Learning skills of testing and its report writing
3. Rapport establishing in clinical setting

I.Q TEST, T.A.T&C.A.T, ROR

The above tests are to be administered 10 each. It has to be submitted as per the details given below-

The records should include a summary of the clinical history organized under relevant headings, and a discussion on

- a) Rationale for psychological assessments,
- b) Areas to be investigated,
- c) Tests administered and their rationale,
- d) Test findings and
- e) Impression

Case history method, mental status examinations, arriving at the clinical diagnosis, rationale of psychological testing, observations, response recording, analyze, interpret and communicate the findings to the team members.

Examination marks distribution-

20 marks internal - record book of tests and attendance

80 marks external – distribution

Actual conduction of any one test and writing the report as per the format 50 marks

Viva Voce on the test administered in exam and the complete record 30 marks

Signature
Examination Officer

DCP-105 : PSYCHOTHERAPY RECORDS**Credit-08****Total marks: 100****Internal Marks: 20****External marks: 80****OBJECTIVES:**

1. Learning skills of psychotherapy
2. Using different psychotherapy
3. Learning when to use which psychotherapy

Applying and writing 5 cases of each therapy- Behaviour Therapy, Cognitive Behaviour Therapy, rational Emotive Behaviour Therapy

The records should include a summary of the clinical history organized under relevant headings, and a discussion on

- a) Reasons for intervention(s),
- b) Areas to be focused including short- and long-term objectives,
- c) Approach and technique/s of intervention employed and rationale
- d) Intervention processes,
- e) Changes in therapy or objectives, if any, and the reasons for the same,
- f) Outcome,
- g) Integration strategies employed,
- f) Future plans

Examination marks distribution-

20 marks internal - record book of tests and attendance

80 marks external – distribution

Writing hypothetical case and using psychotherapy for it. Writing the report as per the format 50 marks

Viva Voce on the report written in exam and the complete record 30 marks

D. Mahajan
Dean,
Faculty of Humanities.