BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY,
CHHATRAPATI SAMBHAJINAGAR.

Circular No./Syll./B.A. Home Science/IIIrd Yr./Sem-V & VI/35/2024.

It is hereby inform to all concerned that, on the recommendation of the Board of Studies, Dean, under the Faculty of Interdisciplinary Studies the Hon'ble Vice-Chancellor has **accepted revised curriculum of B.A. Home Science Third Year, [V & VI Semester] for under Choice Based Credit and Grading System** in his emergency powers under Section-12[7] of the Maharashtra Public Universities Act, 2016 on behalf of the Academic Council for all affiliated colleges.

This is effective from the Academic Year 2024-2025 and Onwards. as appended herewith under the Faculty of Interdisciplinary Studies

This syllabus is also available on the University website www.bamu.ac.in.

All concerned are requested to note the contents of the circular and bring notice to the students, teachers and staff for their information and necessary action.

University campus,
Chhatrapati Sambhajinagar. -431 004.
Ref. No. SU/B.A.Home Sci./IIIrd yr./curri./ 2024/
Date:- 02.09.2024 6890-6900

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Deputy Registrar,
Academic Section
(Syllabus).

Copy forwarded with compliments to :-

1] The Principal, affiliated concerned Colleges,
Dr. Babasaheb Ambedkar Marathwada University, Chhatrapati Sambhajinagar

2] **The Director,** University Network & Information Centre, UNIC, with **a request to upload this Circular on University Website.**

Copy to :-

1] The Director, Board of Examinations & Evaluation,
2] The Section Officer, [U.G. Unit] Examination Branch,
3] The Section Officer, [Eligibility Unit],
4] The Programmer [Computer Unit-1] Examinations,
5] The Programmer [Computer Unit-2] Examinations,
6] The In-charge, [E-Suvidha Kendra],
7] The Public Relation Officer,
8] The Record Keeper,
Dr. Babasaheb Ambedkar Marathwada University, Chhatrapati Sambhajinagar

-***-

*JK02092024/-**

Dr. Babasaheb Ambedkar Marathwada University
Chhatrapati Sambhajinagar

Choice Based Credit System (CBCS) Syllabus
For Bachelor of Arts (B.A)

Home Science

Dr. Babasaheb Ambedkar Marathwada University
Academic Section
Inward
1073
31/8/2024
Chhatrapati Sambhajinagar

Semester –V & VI

Effective from 2024-25

Dr. Babasaheb Ambedkar Marathwada University
Chh. Sambhajinagar
CHOICE BASED CREDIT SYSTEM
Curriculum Structure of Evaluation for **B.A Third Year Home Science**
With effect from 2024-25

SEMESTER-V

Subject/ Programme	Course Code	Title of the course	Lectures per week		Total Lectures	Total credits	Marks		
			Theory	Practical			Theory	Practical	Total
DSC-3	DSE-3 HSC-A1 OR HSC-A2	Housing & Interior Decoration OR NGO Management in CSR	4		60	4	30		30
	DSC-3 Practical -P5	Housing & Interior Decoration		4	60	2		40	40
SEC	HSCSE C-3C	Nutritional Management in Health & Disease	4		60	4	30		30
Generic Elective	HSC GE-1	Marriage & Family Dynamics	4		60	4	40	10	50
Total of Semester-V			12	4	240	12	100	50	150

SEMESTER-VI

Subject/ Programme	Course Code	Title of the course	Lectures per week		Total Lectures	Total credits	Marks		
			Theory	Practical			Theory	Practical	Total
DSC-3	DSE-3 HSC-B1 OR HSC-B2	Fundamentals of Arts & Design OR Entrepreneurship Development	4		60	4	30		30
	DSC-3 Practical -P6	Fundamentals of Arts & Design		4	60	2		40	40
SEC	HSCSE C -3D	Communication process in Home	4		60	4	30		30
Generic Elective	HSC GE-2	Management of Adulthood &Old Age	4		60	4	40	10	50
Total of Semester-VI			12	4	240	12	100	50	150

Note-

1. **Practical Examination of Both semester will be conducted annually.**
2. **Each practical batch having 20 students and 4 lectures.**
3. **Generic Elective paper is divides as per theory 40 marks & tutorial 10 marks**

SEMESTER –V

Course Code DSE-3 HSC A1

Title of the Course: Housing & Interior Decoration

(Elective Theory)

Course Outcomes: After Completion of Course students will be able to

1 To Prepare floor Plan according to various income group
2 To Utilize the skill of planning a house

Unit I – Housing **Credit-1.0**

1. Its functions, Importance & Types (According to Income Status)
2. Features Contributing to livability of House
3. Important Feature in the house- Storage, Space, Parking area, Boundary walls, Plumbing & Drainage Facility
4. Selection of site:- Types of Land, Legal implications, Hygiene & Sanitation, Lighting – Types of Lighting, Lighting Arrangement in different rooms, Methods of Lighting.
5. Ventilation – Types of ventilation, Accessories in Ventilation.

Unit II – House Plans **Credit 1.0**

1. Principles of Planning , Symbols used in house plan
2. Types of House Plan – Site Selection, Cross sectional plan, Building laws.

Unit III – Building Materials **Credit 1.0**

1. Foundation
2. Wall's, Doors & Windows
3. Roof, Floor and Other Structures,
4. Finishing Materials for different purpose

Unit IV – Housing Finance & Housing Scheme Credit -1.0

1. Housing Finance – Financing Agencies – Factors Affecting on Housing finance
2. Owning Vs Renting House

Reference Books :-

1. The House of Art's of its design – Kennedy.
2. Home and its furnishing – Anna H. Ratt.
3. How to decorate and light your home- Coonev and Stephenson
4. Dr.Chitale M. J. Foundation of Art and Design manual- Co-Ordinator, College of Home-Science , Karve Road, Pune.
5. Gurho Sajawat, Kandelkar,Kilosker Publisher Pune
6. Gurho Vaisthpan v Ghrukala Dr. Limaye Vikas Prakashan,Nagpur
7. Gurho Vaisthpan & Antrik Sajawat, Dr. Vasu-Meher,Sainath Publisher,Nagpur
8. Gurho Sajawat v Ghrukala Dr. Nuzhat Sultana M.B. Aurangabad
9. Sanskruti Varsa Rangoli,Priyamvada Latkar, vidiya Prakashan, Aurangabad
10. Gurho Vaistpan ani Gurhokala, Indra Khadse,Himaliya Publiaction, Nagpur.

SEMESTER –V

Course Code DSE-3 HSC A2

Title of the Course: NGO Management & CSR

(Elective Theory)

Course Outcome After completion of course students will be able to:

1. Understand concept of NGO and CSR
2. Students prepared a proposal of NGO
3. Know the relationship between NGO & CSR

Unit 1 Concept of NGO **Credit-1.0**

Difference Between Government Organizations and NGO
Meaning of NGO and GO
Characteristics of Good NGO
Historical Perspective of NGO
Advantages of NGO
Functions of NGOs
Structures of NGO
Present Status of NGO
Contribution of NGO in the Development
Role of Development Communicator in Developing NGO

Unit II Process of NGO's **Credit-1.0**

Steps for Starting NGO
Registration of NGO
Selection of Personnel
Training of Personnel
Proposal Writing under NGO
Identifying Funding Agencies
Resource Mobilisation
Planning. Implementation and Evaluation Strategy under NGO
Documentation
PR in NGO

Unit 3: NGO's Management **Credit-1.0**

Organisational Types and Structures.
Managing People and Teams in NGOS
NGO Management Competencies
Applying NGO principles and Values Accountability and impact Assessment for NGOs

Unit 4: Fund Management of NGO and Concept of CSR **Credit-1.0**

Funding
Resource Mobilisation
Documentation
Meaning of CSR
Role of NGO in CSR
Relationship between NGO & CSR
Types of CSR
Principles of CSR

References

1. S. Chandra, Guidelines for NGO Management in India (2013), Published by Kanishka Distributors, New Delhi D.
2. Lewis, Management of Non- Governmental Development Organization (2001), Second Edition, Published by Routledge, New York.
3. A. Abraham, Formation and Management of NGOs (2003), Third Edition, Published by Universal Law Publishing Co. Pvt. Ltd., New Delhi.

4. Sundar. P. 2013, Business and Community: The Story of Corporate Social Responsibility in India, New Delhi, Sage Publication.
5. Aggarwal, S. 2008. Corporate Social Responsibility in India, Sage Publication Pvt. Ltd.David Winster Praveenraj.D & Vijayalakshmi.R., Role of NGOs in CSR, IRJBM, Vol.7 (12), Dec., 2014. (www.irjbm.org)
6. https://www.responsenet.org/sustainable-development-goals-sdg-and- corporate-social-responsibility-csr-india/?gclid=Cj0KCQjwnP-

SEMESTER –V

Course Code DSE-3 HSC- P5

Title of the Course: Housing and Interior Decoration (Practical)

Course Outcomes : After completion of course students will be able to:

1. Plan the house very successfully
2. Develop their skills Colour schemes.
3. Know about different types of curtains and their uses.

Unit I: Prepare a house plan for different economic groups -lower, lower middle, middle, higher middle, higher income group - Credit 1.0

Unit II: Preparation of Any Decorative Article- Credit 0.5

Unit III: Making Curtain Samples – Simple, Crisscross, Ruffled, Pleated, Box Pleat, Glass Curtain, Modern Decorative Curtains- Credit 0.5

SEMESTER –V

Course Code HSC SEC-3C

Title of the Course: Nutritional Management in Health & Disease

Course Outcomes: After completion of course students will be able to:

1. Know the concept of food habits
2. Plan the diet according to different disease and modify the normal diet for therapeutic purpose.
3. Plan dietary pattern of different regions and community.

Unit-I Health and Nutrition **Credit-1.0**

1 Definition and Concept of Health and Nutrition
2. Dimensions of Health and Nutrition
3. Dietary Pattern of Different Regions and Community.

Unit-II Food Habits. **Credit-1.0**

1. Concept and Meaning of Food Habits
2. Factors Affecting on Food Habits- Regional, Economic, Environmental, Socio, Cultural, Psychological and Religious.
3. Effect of Industrialization, Urbanization, Work Pattern, Mass Media and Food Habits on Health.

Unit -III Diet Therapy **Credit-1.0**

1. Objectives and Principles of Diet therapy.
2 Modification of Normal Diet.
3. Modification in consistency: Clear Fluid Diet, Fluid Diet , Soft Diet.
4. Modification in Texture: High fiber and Low fiber
5. Modification in Nutrients: High Protein and Low Protein Diet, High Calorie and Low Calorie diet.

Unit-IV Dietary Management and Nutritional Requirement in common element. Credit-1.0

1. Diarrhea
2. Constipation
3. Jaundice
4. Under weight and overweight.
5. Viral fever

Reference:

1.V.K. Kaushik, Reading in Food nutrition and Dietetics Vol.I, II, III, Book Enclave, Jaipur.
2. Robin .H.E.R et.al (1986) ; Normal and Therapeutic Nutrition, 17th ed., station Macmillan publishing Co.
3. Williams S.R (1989); Normal and Therapeutic Nutrition , 4th edition, C.V Masby Co.
4.Anrita F.P(1983), Clinical Dietetics and Nutrition, 3rd edition, 4th Impression, Oxford University Press.
5.SwaminathanM.S (1985), Essentials of foods and Nutrition, Vol.II, Bapplo Publication.

SEMESTER –V

Course No. HSC GE -1

Title of the Course: Marriage & Family Dynamics

Course Outcome: After completion of course students will be able to:

1) Learn about the process of marriage.
2) Get Knowledge about child care.
3) Solve problems in married life.
4) Get Knowledge regarding different laws for Women.

Unit – I The marriage: as a Social Institution **Credit-1.0**

a) Definition and Concept of Marriage , need of Marriage
b) Function of Marriage
c) Readiness for Marriage – Physiological, Psychological, Economic and Social.
d) Mate Selection and Engagement Period - Factors to be Considered for Mate Selection, Dating, Courtship , Engagement period.
e) Types of marriage – Arranged, Love, Registered, Contract and Others. Its advantage and disadvantages, Changes and Challenges in Marriage.

Unit –II The Family **Credit-1.0**

1. Definition and Function of Family
2. Types of Family – Joint & Nuclear Family.
3. Families with – Special child, Single child, Only Girl child, Adopted child, No child, Single Parenting.
4. Changing Forms of Family, Surrogacy Live-in Relationship.
5. Role of Husband & Wife – Tradition & Modern.
6. Stages of Family
7. Life cycle.

Unit – III Adjustment, Parenthood & Family Crisis **Credit-1.0**

a) Adjustment in Marriage and Family / Financial Sexual, In-laws Career Religious and Social.
b) Parenthood – Joys and Challenges
c) Family Planning – Need and Methods.
d) Family Crises – Concept Cause and Wages of Camping, Divorce, Unemployment and Death.

Unit IV - Laws Related To Family, Marriage and Counselling **Credit-1.0**

a) Hindu Marriage Act , Special Marriage Act.
b) PCPNDT Act, Family Violence Act.
c) Laws about Sexual Harassment at Work place (Vishakha) , Dowry , and Child Marriage
d) Counselling Scope, Definition, Importance.
e) Premarital Counselling and Post Martial.

Sessional activities (Any two)

1. Visit to Counselling Centre and Report writing.
2. Visit to Family Court and Report Writing.
3. Preparation of Scrap Book on Laws Related to Family , Marriage and Women .

4. Visit to Marriage Bureau and Report Writing.

References:

1. Jain S.C., the law relating to marriage and divorce , Surjeet book depot , Delhi.
2. Sharma B.K., Divorce law in India , deep and deep , new Delhi .
3. Akhtar Naseem , " family law on Divorce and judicial separation .
4. Gandhi , A.B., the law of maintenance of wives , children and parents in India , Milan law publication , Bombay .
5. G.U.K . Hindu women's Right to property in India , deep and deep, New Delhi .
6. Mathew P.D., the right of wife , children and parents of maintenance , Indian social institute , new Delhi.
7. Srivastava T. N., " women and the law ". intellectual publishing house , new Delhi.
8. Dr . G. B . Reddy , "women and law ". Godia law agency , Hyderabad .
9. Craig G.C (1999) human development , new Jercy , prentice hall .
10. Bhatia M.S., 'against and society ' arrays book centre , Udaipur .
11. Desai K.G. aging in India , tata institute of social science , Bombay .
12. Hurlock " development and psychology''
13. Cole M & COLE . S (1993) : the development of children . new York
14. Hansa Seth . juveniles Delinquency''
15. Kapadia K.M . , " marriage and family in India " , Oxford university , press , Bombay .

SEMESTER –VI

Course Code DSE-3 HSC B1

Title of the Course: Fundamentals of Art and Design

(Elective Theory)

Course Outcomes: After completion of course students will be able to:

1. Prepare different household art and design.
2. Utilize /progress his artistic skill in daily life.
3. Furnish their house properly.

Unit - I -Principles of Arts **Credit-1.0**

Introduction, Concept, Importance of Art & design

Principles of Arts- Proportion, Rhythm, Balance, Harmony

Elements of Art- Line, Light, Colour, Desgin , Space, Texture & Size.

Unit -II -Colour Schemes **Credit-1.0**

Properties of Colour, Classification of Colour.

Colour Scheme for Different Rooms -Drawing room, Kitchen & Bed room

Unit- III- Furniture Arrangement **Credit-1.0**

Principles of furniture Arrangement.

Types of Furniture, Factors Influencing on Selection of Furniture

Furniture Arrangements for Different rooms-Drawing room, Kitchen, Living room, Bedroom, Children Room.

Unit - IV-Floor Decoration **Credit- 0.5**

Curtains - Importance of Curtains, Types of Curtains, Modern Curtains.

Carpets - Types of Carpets.

Rangoli Cultural -Importance of Rangoli, Use of Principles of Art in Rangoli

Types of Rangoli -Dotted, Alpana, Using Five Fingers (Sanskar Bharti)

Unit -V-Flower Arrangement **Credit-0.5**

Materials for Flower Arrangement,

Principles of Flower Arrangement

Types of Flower Arrangement -Traditional, Modern & Japanese Flower Arrangement

Reference:

1. Space planning basics, 3rd edition , John willy and Amp.sons
2. Joseph De Chiara, Interior design and space, 2nd edition, Time saver Standards.
3. Aadhunik gruha Yojana va Antargat sajawat (Marathi) : Dr.vairagade, Latkar, M; Vidya publishers Aurangabad.
4. Margaret G and Graves Bery I.Fabric Furnishing Bulter, S.B.T.Batsford Ltd.London.
5. Deongarikerry K.S, Interior Decoration in India.
6. Encyclopaedia of interior design and decoration
7. Fauliner and Faulkner, Inside today's Home, Helt Renehort and Winsted, New York.
8. Anna Rutu and Heng, H home Furnishing, Willey Eastern Pvt Ltd .Delhi.

Periodicals

1. Inside and outside
2. Journal of interior design
3. Interior Architecture and interior design
4. Journal of architecture ,London
5. Human factors : The journal of human factors and Ergonomic society
6. International journal of occupational safety and Ergonomic.

SEMESTER –VI
Course Code DSE-3 HSC B2
Title of the Course: Entrepreneurship Development
(Elective Theory)

Course Outcoms: After completion of course students will be able to:

1) Understand the Different Opportunities to Become an Entrepreneur.
2) Gain a Knowledge about the C ontribution of Entrepreneurs.
3) Get familiar with current procedures for the preparation of project reports.

Unit I- Entrepreneurship Development **Credit 0.1**

a. Origin and Development of Entrepreneurship in India
b. Concept of Entrepreneurship, the meaning of Entrepreneurship, Definition of Entrepreneurs
c. Importance, Nature, Scope of entrepreneurship
d. Need and Characteristics of Entrepreneurship
e. Identification of opportunities

Unit II-Entrepreneur **Credit-0.1**

a. Definition, Characteristics, Qualities, Functions and Factors Affecting Entrepreneurship
b. Types of Entrepreneurs-Spontaneous, Motivated, Induce, IT Entrepreneurship, Rural Entrepreneurs, Service Sector opportunities for entrepreneurs.
c. Kinds of Entrepreneurship-Proprietary, Partnership and Group Entrepreneurship
d. Problems faced by Entrepreneurs in India

Unit III-Self-employment **Credit-0.1**

a. Self Help Group and Small Scale Industries-Importance, Concept, Scope, Definition
b. Guidelines for self-employment-1. Registration 2. Training 3. Finance 4. Account keeping 5. Labeling and Packaging 6. Marketing
c. Mobilization
d. Preparation of Project report
e. Entrepreneurship Development Program -Meaning, Need, Objective, Contents, limitations, EDP Conducting Agencies in India with Special Reference to MCED.

Unit IV- Women Entrepreneurship **Credit-0.1**

a. Importance, Qualities of Women Entrepreneurs.
b. Problems of Women Entrepreneurs in India, Involvement of Women in Different Entrepreneur.
c. Central Govt. and State Govt. Policy towards Women Entrepreneurship
d. MAVIM, Self Help Group-Meaning, Scope, Definition, Importance
e. Home Science related Entrepreneurship Area.

Recommended Books

1. Entrepreneurship Development; S.S. Khanka, Sultan Chand & Co.Ltd
2. Fundamentals of Entrepreneurship; G.S.Sudha, Ramesh Book Depot.

3. Entrepreneurship Development; Colombo Plan Staff College for Technician Education. M McGraw Hill
4. Small Scale Industries And Entrepreneurship: Vasant Desai, Himalaya Publishing House
5. Entrepreneurship Development; C.B.Gupta & N.P. Srinivasan, Sultan Chand & Sons.
6. Entrepreneurship of Small Scale Industries Deshpande Manohar Deep &Deep pub. New Delhi.
7. Dynamics of Entrepreneurial Development and Management, Himalaya Publishing Madhurimal all and Shikha Sahai, Entrepreneurship, Robert DExcl Books, New Delhi.
8. Robert D. Hisrich and Michael P. Peters. Entrepreneurship Development, Tata McGraw Hill.
9. Bolton, B & Thompson. J (2001): Entrepreneurship: Talent, Temperament, Technique. Replika Press PviLid. Delhi, 110040.
10. Taneja, S &Gupta S.L.(1992), Entrepreneurship Development, New Venture Creation Galgotia Publishing Company, New Delhi.
11. Hisrich R.D. & Peters M.P. (1995) Entrepreneurship Starting Developing and Managing a New Enterprise, Richard, D.U.S.A, Irwin.INC
12. Entrepreneurship and Small Business Management DCOM305/DMGT310 Copy Right @ 2013 Madhurimal all All rights reserved Produced and Printed by EXCEL. BOOKS PRIVATE LIMITED A-45. Naraina. Phase-1. New Delhi-110028 for Lovely Professional University Phagwara

SEMESTER –VI

Course Code DSE-3 HSC- P6

Title of the Course: Fundamentals of Arts &Design (Practical)

Course Outcomes: After completion of course students will be able to:

1. To get better understanding of the principles of Designing
2. Learn Different Types of Floor Decoration.
3. Learn Different Flower Arrangements.

Unit I: Colour schemes- **Credit 0.5**

1. Classification of Colour and Colour Wheel
2. Different Types of Colour Schemes
3. Uses of Colour Schemes in Different Rooms i.e. Drawing Room, Bedroom and Kitchen

Unit II: Flower arrangement- **Credit 0.5**

1. Material used for Flower Arrangement
2. Types of arrangement- Traditional/ Oriented, Modern, Japanese, Dry, Floral
3. Demonstration on Different Types of Garland, Bouquet and Floral decoration
4. Use of Fresh /Artificial Flowers in Interior Decoration

Unit III: Floor decoration- **Credit 0.5**

1. Types of Rangoli: Dotted, Sanskar Bharti, Grains, Leaves and Flowers, Alpana
2. Modern Rangoli: Using Wood Bhusa, Marble Chips, Kardi Bhusa, Salt and Crystals

Unit IV: Preparation of accessories for Interior Decoration- Credit-0.5

Distribution of Marks for Practical Examination (Semester V & VI)

1. House Plan	- 10
2. Colour Scheme	-10
3. Flower arrangement / Rangoli	-10
5. Curtain	- 10
4. Record Book	- 20
5. Submission of Accessory	-20
TOTAL	- 80

SEMESTER –VI

Course Code HSC SEC-3D

Title of the Course: Communication Process in Home science

Course Outcomes: After completion of course students will be able to:

1. Acquire Knowledge about Communication.
2. Know the Communication Media and its Effects.
3. Understand Effective Communication Process.

Unit I- Communication Concepts **Credit- 1.0**

1. Historical Background Concept and Nature
2. Function of Communication
3. Types of Communication: Communication- Transactions, Formal and Informal communication, Verbal and Nonverbal Communication
4. Communication and Main Stream Media: Newspaper, Radio, Television and Cinema, ICTs, TV and Web Based
5 .Communication For Social Change
6. Factors that help or Hinder Communication. (Barriers in Communication, Useful things in Communication,

Unit II Communication Process **Credit- 1.0**

1. Communication Process.
2. The Communication Process Model.
3. Rule of Five.
4. Use of Channel to Transmit the Message.
5. The Receiver.
6. Communication Noise.
7. The Important 'e' is Communication.

Unit III Methods Communication **Credit-1.0**

1. Individual interview, personal consultation.
2. Small Group Role Play, Demonstration.
3. Mass communication Printing Material, Audio Visuals.
4. Use & Importance of methods of communication in Home Science.

Unit IV Leadership. **Credits-1.0**

1. Concept, importance and characteristics.
2. Qualities of Leader.
3. Functions of leadership in development.
4. Role of leadership in development of community.

References :-

1.Ferkade Gunge-Home Science Extension, Vidya publication, Roikar Road, Mahal, Nagpur.
2.Dr. Vairagade, Mule-Samudiyak Vikas & Extension Education, Vidyabooks publisher, Aurangpura, A.bad.
3. Patri -and Patri (2002) Essentials of Communication, Greenspam Publications
4. Dr. Anjali Ghanekar - Communication Skills for Effective Management
5. Narula Uma (1994) development communication, New Delhi, Harimad Publication.
6. Paulo Mefalpulus, development communication source book- Broodeming boundaries of communication.
7. The word bank, 2008.
8. Barkar L (1990) "Communication", series: Prentee Hall, Inc. 17L.
9. Devsto. J. (1998) Human communication, New Yark, Harper & Ruls.

SEMESTER –VI

Course No. HSC GE -2

Title of the Course: Management of Adulthood & Old Age

Course Outcomes -After completion of course students will be able to:

1. Know the importance of different stages of human life cycle.
2. Develop awareness regarding different aspect of Adulthood & Old Age.
3. Know the problem and Adjustments during Adulthood & Old Age.

Unit I - Early Adulthood (age 18 to 40 yrs) **Credit -1.0**

1. Stages of Adulthood, characteristics of Early Adulthood.
2. Developmental tasks and Adjustments in early adulthood.
3. Changes in Interests- Physical Appearance, Clothes, Money, Material Possession, Recreation and Social.
4. Vocational Adjustments-Selection of Vocation, Stability in Vocation, Adjustment to Work and Achievements.

Unit II Middle adulthood/ Middle age (age 40 to 60 yrs) **Credit- 1.0**

1. Characteristics, Developmental Tasks.
2. Adjustments to Physical Changes, Social and Mental changes, Interest, Vocational Adjustments.
3. Menopausal Syndrome.
4. Achievements.

Unit – III Late adulthood/Old age (age 60 to death) **Credit- 1.0**

1. Characteristics, Developmental Tasks.
2. Adjustments to Physical Changes- Changes in Functions, Sensory Changes, Sexual changes and Prolonged Illness.
3. Changes in Motor, Mental Abilities.
4. Changes in Interests, Emotional Behaviour and Social Status.

Unit IV- Adjustment to different areas **Credits- 1.0**

1. Adjustments to Retirement
2. Adjustment to Changes in Relationship with Spouse and Offspring.
3. Govt. & Non-Government Agencies Working for Elderly.

Sessional Activities: (Any Two)

1. Visit to Old Age Home & Report Writing.
2. Study of Problems and Adjustment during Old Age (survey of ten samples).
3. Report writing on Govt.& Non-Government Agencies Working for Elderly.
4. Report wring on Problems After Retirement.

References:

1. Craig G. C. (1999) Human Development, New Jercy, Prentice Hall.
2. Bhatia M. S., 'Aging and Society' Arays's book centre, Udaipur.
3. Desai K.G. Aging in India, Tata Institute of social sciences, Bombay.
4. Sinha J. M. P. 'Problems of Aging, Classical publishing company. New Delhi.
5. Sati P. N. "Retired and Aging People", Mittal Publishers, Delhi
6. Jain S. C., The Law relating to marriage and Divorce, Surjeet Book Depot, Delhi.
7. Sharma B. K., Divorce Law in India, Deep and Deep, New Delhi.
8. Akhtar Naseem, "Family Law on Divorce and Judicial Separation".
9. Gandhi, A.B., The Law of Maintenance of Wives, Children and parents in India, Milan Publishers, Bombay.
10. Mathew P. D.,The Rights of Wife, Children and Parents of Maintenance, Indian Social Institution New Delhii
11. G. U. K. Hindu Women's Right to property in India, Deep & Deep, New Delhi."Intellectual Publishing House, New Delhi.